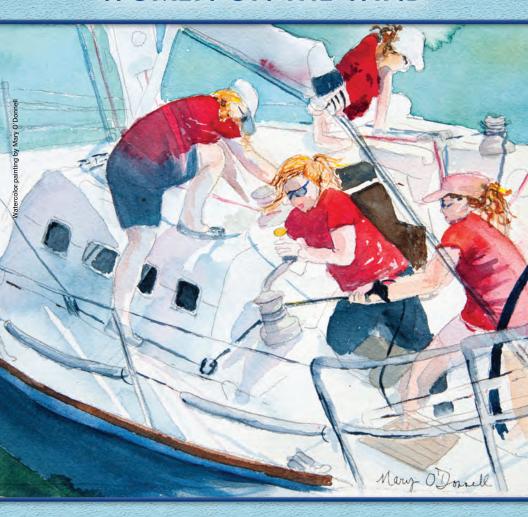


WOMEN ON THE WIND



ATLANTIC HIGHLANDS YACHT CLUB ATLANTIC HIGHLANDS, NJ

MILLER & GAUDIO PC

Serving the Area for Over 30 Years

A Cross-Disciplinary Team of Attorneys Offering Creative Solutions Through Dedicated Legal Services



Janice Davis Miller, Esq.

Collaborative Divorce Estate Planning Estate Administration

David R. Cardamone, Esq.

Divorce & Family Law
Estate Litigation
Real Estate Transactions

Frank S. Gaudio, Esq.

Medical Malpractice Serious Personal Injury Workers Compensation

Michael E. McMahon, Esq.

Medical Malpractice Auto/Pedestrian Injuries Municipal Court

104-110 Maple Avenue · Red Bank, NJ 07701 Phone: (732) 741-6769 · Fax: (732) 747-6016 www.NJTRIALLAWYERS.net

Commodore's Greeting



It gives me great pleasure to welcome this year's thirteenth annual *Ms. Race*.

The Atlantic Highlands Yacht Club is once again honored to be hosting this fun and exciting all women's sailboat race.

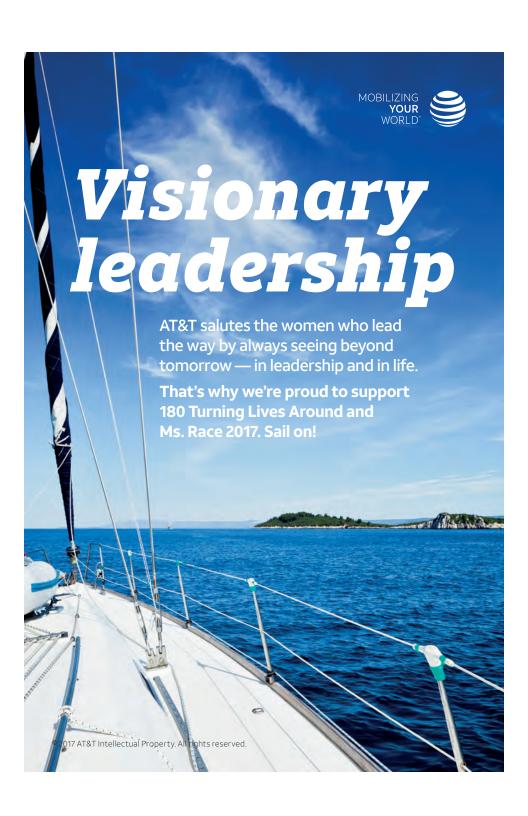
I want to express my appreciation for the generosity of the sponsors and donors who support this truly inspiring race for the charity 180 Turning Lives Around.

Best of luck to this year's racers and skilled AHSEP sailors.

Have a wonderful day on the water.

Susan J Hillers, Commodore 2017





Welcome to the 2017 Ms. Race





We are pleased to host the 13th annual AHYC Ms. Race Charity Regatta on our beautiful Sandy Hook Bay and we extend a warm welcome to all who have come together to support our special event.

This year's theme, **Women on the Wind**, celebrates female sailors of all ages who share a love of sailing and a respect for the sea. We are fortunate that our event has provided a platform where women and girls new to sailing can enjoy the experience in a supportive environment. Many have grown to love the sport and have furthered their education to become better sailors. It is with pride and admiration that we have watched our young women grow from junior sailors crewing on our boats into accomplished sailors now campaigning their own boats in the fleet of competitors. We hope this trend continues so that we have many more **Women on the Wind** in the future.

We wish to thank the captains and crews, our families and friends and the generous sponsors and supporters who have again contributed to the success of our regatta and have helped us raise funds for **180 Turning Lives Around**.

Diane Kropfl & Eileen Campbell
Co-Chairs AHYC Ms. Race Committee

Lockwood Boat Works, Inc. Celebrating our 70th Anniversary 1946 - 2017

"Everything in Boating"

Yard Services

- Brokerage
- Pump Out Station
- Fiberglass Repairs
- Awlgrip Refinishing
- Cordage Custom Splicing
- Bottom and Topside Painting
- Electronic Sales and Installation
- Full Summer Storage 190 Slips
- Full Winter Storage Wet and Dry
- Rigging Running, Standing, and Rod
- Boat Hauling Two 35 Ton Open End Lifts
- Custom Stainless and Aluminum Fabrication
- Carpentry Work Restoration, Repairs, and Refinishing
- Complete Engine Service Sales, Service, and Installation of Crusader, Mercruiser, Universal, Volvo, Westerbeke, Yamaha, and Yanmar







1825 Highway 35 • South Amboy, NJ 08879 Phone (732) 721-1605 • Fax (732) 525-8209 www.lockwoodboatworks.com







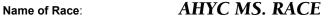
2016 Ms. Race Winner - A Good Hair Day Elaine Haher & Crew



Atlantic Highlands Yacht Club

NOTICE OF RACE





Charity Race to Benefit
180 Turning Lives Around

Host Club: Atlantic Highlands Yacht Club

Location: AHYC Olympic Circle on Sandy Hook Bay

Eligibility: The AHYC Ms. Race is open to sailing yachts with a valid

2017 PHRF-MA rating certificate and to yachts that race one design.

Skipper and all crew must be female.

Divisions: All PHRF yachts will race NON-Spinnaker. The race must

have at least 3 boats registered to count. One design fleets will be

accommodated with a 3-boat minimum. Class rules apply.

Date/Time: Saturday, August 19, 2017

1000 hrs - Free Continental Breakfast

1100 hrs - Skipper/Crew Meeting/Sailing Seminar

1400 hrs - Ms. Race START

1630 hrs - 2030 hrs - Awards Ceremony, Hors d'oeuvres,

entertainment, dessert, 50/50 Raffle & Charity Auction (food \$25pp)

Entry Due: August 19, 2017 at Skippers/Crew Meeting or before via

Regatta Network: http://www.regattanetwork.com/event/14625

Fee: \$25.00 to AHYC Race Committee via Regatta Network

PLUS

\$50.00 Minimum donation, payable by check, made out to

"180 Turning Lives Around" (state charity registration #CH0070600).

Deliver to the Ms. Race Committee the day of the event.

Extra donations/sponsorships are encouraged.

Registration: Online only at: http://www.regattanetwork.com/event/14625

Sailing Instructions: All SIs are contained in the AHYC Race Booklet (available at the

skippers' meeting)

Contact: Eileen Campbell 732-670-3056, eileenrcampbell@comcast.net

Diane Kropfl 732-872-9190, dkropfl@att.com

For more information about 180 Turning Lives Around, visit www.180nj.org For more information about AHYC Ms. Race, visit www.ahyc.clubexpress.com

Jeff Smith Photography www.jeffsmithphoto.net

jeffsmithphoto@gmail.com (732) 291-1100
Official Photographer of the Ms. Race



Commercial Architectural, Management, Corporate & Industrial, Residential Architecture, Portrait, and Marine Portfolios

Thank you to
Georgi Munger
for her outstanding
Ms. Race Seminar

WE ARE PROUD TO SPONSOR THE

2017 AHYC Ms. Race

WOMEN RACING FOR WOMEN



At Zager Fuchs, PC, we know that the single most important factor people look for in an attorney is integrity.

For three generations, our firm has been providing quality legal counsel and representation for individuals and their families, established businesses and emerging growth companies throughout central New Jersey.

We are a multi-practice law firm that offers a full range of legal services for generations of families.

Contact us today to discuss your legal matters.



Generations of Trust

268 Broad Street, Red Bank, NJ 07701 Phone 732-747-3700 • Fax: 732-758-9068 www.zagerfuchs.com







FACEBOOK.COM: WHOLEFOODSMONMOUTHNJ







MIDDLETOWN • ROUTE 35 NORTH
& CHAPEL HILL ROAD
NEW JERSEY, 07701 • 732-758-1688









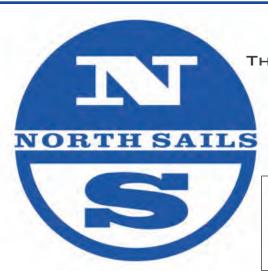


Robert H. Hutchins, CPA, CVA, Partner • 732.504.2400 • rhutchins@withum.com

withum.com







THE WORLD LEADER
IN SAILMAKING

Local Loft: 2422 Highway 34 North Manasquan, N.J. 08736 (732) 528-8899

www.northsails.com



C.J. Stone Architect

Christopher Stone, AIA

cell: 201-602-8958 tel: 973-669-2869 fax: 973-843-1073

email: cstone@cjstoneaia.com

8 Garryford Drive Middletown, NJ 07748

Ski Bums of New Jersey Ski Club



WEDNESDAYS ON THE BUS

The only New Jersey ski club with a weekly bus to Hunter Mountain N.Y.

The Ski Bums are proud to support the

Ms. Race



Wishing the So'C crew and our women sailors success



Skiers and Riders of all Levels Welcome - Join a Great Group of People -



 For Information on Membership email: njskibum@hotmail.com (732) 462-7075

Thank-you to the

C.J. Nolte Co.

for their generous support of the

Ms. Race 2017

and

180 turning lives around





Ms. Race Auction

to Benefit 180 Turning Lives Around at the After Race Event

50/50 Auction Chance and Live Auctions

Sea Bags

Jets vs Eagles

Gift Certificates 3 different Tote designs Local Restaurants & Shops

Pettit Preseason Game Aug 31 Black Widow Bottom Paint





2389 Highway Rt. 36
Atlantic Highlands
Eastpointe Shopping Center

kyotosushinj.com

Open 7 Days A Week

Lunch and Dinner

Join us at our newest location



2780 Hwy. 35 south
HAZLET
Just Past Holiday Inn

koisushiandhibachi.com





Huge Selection of Craft Beers, Wines & Spirits
Located at 179 First Avenue, Atlantic Highlands, NJ 07716

We Deliver . Beer . Kegs . Wine . Spirits . Ice . Cigarettes



FOR DELIVERIES CALL









Atlantic Bagel Co.

Atlantic Highlands Rumson Middletown

atlanticbagel.com



turning lives around

All proceeds from the *Ms. Race* event are donated to the Monmouth County based charity

180 Turning Lives Around.



turning lives around

Providing Award Winning Services to Women, Men and Children Affected by Domestic Violence and Sexual Assault, Rape and Child Abuse.

Programs Include:

Domestic Violence and Sexual Assault Hotlines
Sexual Assault Response Team
Domestic Violence Response Teams
Safe House
Transitional Housing
Court Liaison Program and Assistance
Domestic Violence Group Counseling
Rape/Sexual Assault Group Counseling
Art Therapy for Children
Professional Training
Community Education
Youth Helpline

www.180nj.org

The **Ms. Race** organizing committee wishes to thank the

AHYC Race Committee

for all the hard work, effort and resources they have provided, in the areas of race organization and on water management of all activities for the event.

Peter Chirlian
Chair - AHYC 2017 Race Committee



Congratulations to all Ms. Race Captains, Crew and Volunteers from the San Francisco Bay

Steve and Aleen











"Women Racing for Women"

Women on the Wind

Adapted from the Crow's Nest article on The Ms. Race

"Women Racing for Women". A simple slogan, maybe, but one that accurately reflects what the Ms.Race is all about. The Ms.Race is a regatta, with boats sailed by all female crews, to benefit the charity 180 Turning Lives Around. "We'd like to get women interested in racing and we want to help women build their confidence on the water. Moreover, we need to support women who have the strength and courage to rebuild their lives through programs like 180", according to Aleen Colitz who was co-chair of the event for seven years. It was Aleen's idea to take the Ms.Race to its next level in 2010 and make it the auspicious event it is today.

Going back to the origins of the **Ms. Race**, it was founded in the 1980s and the competition continued for several years. "In 2005, Art Olsen served as Race Committee Chair and it was his idea to revive the Ms. Race", reminisced LuAnn Rathemacher. LuAnn was Commodore at the time and provided her support. "The enthusiasm for this event has been pretty remarkable." Many of the women in the Atlantic Highlands Yacht Club had been regularly crewing in the club's Wednesday night race series and jumped at the opportunity to join this race.

LuAnn and her crew took first place honors in four **Ms. Race** events in those early years. How did she do it? "By staying in clear air, having good boat speed, excellent crew work and knowing where the marks are". Good straightforward advice from a seasoned sailor who grew up on the water.

The idea of joining forces with **180 Turning Lives Around** came about in 2007. "Several of us were talking about making the Ms. Race into a fundraiser. One of my crew members, Jodi Dash, worked as an art therapist for **180**", recalled LuAnn, "and she suggested **180**." It's been a true partnership ever since. "**180** has been very appreciative of our efforts, no matter how small or large our contributions." We've come a long way since our inception and we've raised more than \$100,000 for **180** over the years according to Ms. Race Treasurer and 2014 Ms. Race champion Emily Smith. "That's quite an achievement!"

Throughout its history, the **Ms. Race** has been contested under almost every imaginable condition, from high winds that tested the boats and crew to tranquil leisurely sails. Today, the **Ms. Race** brings in female sailors ages 7 to 70 including many young racers from the Atlantic Highlands Sailing Education Program. In fact, Brittney Slook, an AHSEP alumna, was 17 when she won the 2015 Ms. Race in a close race with Lauren Pepsny, also 17 at the time, who came in second. Eileen Campbell, 2017 Ms. Race co-chair, salutes all of these **Women on the Wind** throughout the years who make the **Ms. Race** what it is today and will be tomorrow.

Thank you to the Ms. Race Videographers Peter Chostok Michelle Krug and Rob Kneller



2016 Ms. Racers

SeaScape Manor

Bed & Breakfast

Experience elegance by the sea...



3 Grand Tour Highlands, NJ 07732 (732) 291-8467



www.seascapemanorbb.com

Thank you from



"180 is so grateful for the support of the Ms. Race. With the recent opening of our new and expanded Safe House, we are serving more Monmouth County families than ever before. The funds raised through the Ms. Race will support the many programs and lifesaving services of 180, including our emergency shelter, Safe House, for victims of domestic abuse, as well as other programs that provide advocacy, outreach, education, and training."

Lynn Lucarelli Director of Development 180 Turning Lives Around





64 Thompson Ave. (Corner of Rte 36) Leonardo, NJ 732.291.0505 jerseyshorecoffeeroasters.com





The *Ms.* Race organizing committee wishes to thank our following sponsors for their generous support of the event:

WindCheck Sailing the Northeast

windcheckmagazine.com

Gerry Marks Counselors at Law

Red Bank marksklein.com

The JOURNAL

Colts Neck Holmdel Navesink Rumson/Fair Haven

monmouth.journalsnj.com

Management Benefit Solutions Helen Parker

Atlantic Highlands

On the Deck

Restaurant & Harbor View Bar

Atlantic Highlands

Serenity Hair Lounge Hair Salon

Atlantic Highlands serenityhairlounge.com

2017 Ms. Race Organizing Committee

Gianina Arturo Lynn Lucarelli, 180

Vicki & Allen Bejda Janice Miller

Eileen Campbell LuAnn Rathemacher

Kay Curtiss Bill Sabanski

Jean Evertsen Emily Smith

Diane Kropfl Donna Syers

Aleen & Steve Colitz, Advisors



Thanks to Mary O'Donnell for her spectacular Ms. Race artwork!

The *Ms. Race* Committee would like to thank

The Atlantic Highlands Yacht Club



for their generous support of

The 2017 Ms. Race and 180 Turning Lives Around





Lusty Lobster
88 Bay Ave
Highlands, NJ 07732
(732) 291-1548
bestlobster.com

Freshest Seafood & Live Maine Lobsters

Make Seafood a delicious, healthy part of your day



eastpointe Health & Fitness

Atlantic Highlands premiere results-oriented fitness club

Eastpointe (CVS) Shopping Center 2371 Highway 36 Atlantic Highlands, NJ 07716 732.872.6595

www.eastpointehealthandfitness.com





Event Production Services Sound & Lighting Rentals Custom Fabrication

Bill Sabanski

P.O. Box 403 Highlands, NJ 07732 (732) 493-3979



Selastian's

872 Highway 36 Leonardo, NJ 07737 732.291.0556



FAMOUS SEAFOOD RESTAURANT SINCE 1917 CELEBRATING 100 YEARS

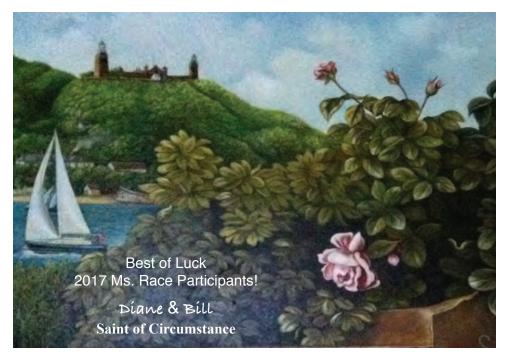
2 Bay Avenue Highlands / Sandy Hook NJ

(732) 872-1245

bahrslanding.com









WAR PAINT

BLACK WIDOW, THE KILLER SPEED COATING, IS THE SLICKEST, SMOOTHEST, FASTEST, HARDEST, MOST BURNISHABLE, MOST WINNING ANTIFOULING PAINT YOU CAN WEAPONIZE YOUR BOTTOM WITH. BLACK WIDOW IS THE HIGHEST PERFORMING, MULTI-SEASON, DUAL BIOCIDE. POLISH IT TO A SUPER-EASY-TO-CLEAN, FRICTION-FREE, MIRROR-LIKE SHINE. BLACK WIDOW IS MORE THAN YOU COULD EVER WISH FOR IN A SUPER-FAST RACING FINISH. WEAR THE WAR PAINT. WIN THE WAR.



pettitpaint.com

The Ms. Race Committee & 180 Turning Lives Around would like to thank the following individuals for their generous donations:

Maria Monaldo Bender Brookeville MD

Helen Marchetti **Atlantic Highlands**

Arlene & Wayne Bordone Anna Mae Perillo Colts Neck

Red Bank

Erica Chao Lincroft

Tushar & Krishna Majithia Virginia Beach

Kay & Bob Curtiss Little Silver

Anna Maria Pitella **Red Bank**

Melanie & Mark Engel West Long Branch

Joseph Pietrofeso

Teresa & Walter Kropfl **New Providence**

Katherine Thropp Princeton





proudly serving the construction industry

In 2006, our founders formed Construction Risk Partners. The partnership worked hard to gather the best intellects in the business, to bring fresh, innovative and entrepreneurial thinking to an industry where old habits die hard and change often comes slowly. Having worked closely together over many years, our founding partners combined depth of knowledge, complementary experience

and raw intellectual firepower to build a truly unique business.

The principles of partnership run deep in our company and have a huge influence on everything we do. As the company has attracted new business and developed in new geographies, our partnership has expanded and employee numbers have grown to over seventy.

Construction Risk Partners is proud to have represented the interests of many of the most respected names in US and global construction for the past ten years.

New Jersey New York City Long Island, NY Greater Philadelphia

Email info@constructionriskpartners.com



A JUT GROUP COMPANY

CHEERS TO 180 TURNING LIVES AROUND.



DRINK OFF THE BEATEN CRAFT

6 E WASHINGTON AVE ATLANTIC HIGHLANDS, NJ 07716